

# Burroughs








**STOP**  
think about eating a smaller portion

**SLOW**  
balance your meal with green choices

**GO**  
eat all you want!

## November 17-21

	Monday	Tuesday	Wednesday	Thursday	Friday
 Vegetarian Soup	<ul style="list-style-type: none"> <li>● Creamy Chicken and Wild Rice</li> <li>● Split Pea</li> </ul>	<ul style="list-style-type: none"> <li>● Shrimp Bisque</li> <li>● Stewed Pumpkin</li> </ul>	<ul style="list-style-type: none"> <li>● Broccoli Chicken</li> <li>● French Onion</li> </ul>	<ul style="list-style-type: none"> <li>● Reuben Soup</li> <li>● Tomato</li> </ul>	<ul style="list-style-type: none"> <li>● Manhattan Clam Chowder</li> <li>● Cheddar Potato</li> </ul>
	<ul style="list-style-type: none"> <li>● Honeydew Melon</li> <li>● Field Greens</li> </ul>	<ul style="list-style-type: none"> <li>● Cantaloupe Melon</li> <li>● Bibb Lettuce</li> </ul>	<ul style="list-style-type: none"> <li>● Golden Pineapple</li> <li>● Baby Spinach</li> </ul>	<ul style="list-style-type: none"> <li>● Mixed Berries</li> <li>● Chopped Romaine</li> </ul>	<ul style="list-style-type: none"> <li>● Watermelon</li> <li>● Chef's Salad Mix</li> </ul>
	<ul style="list-style-type: none"> <li>● Carribean Jerk Rice Salad</li> <li>● Pepper Jack Cheese</li> </ul>	<ul style="list-style-type: none"> <li>● Macaroni Salad</li> <li>● Peppered Turkey</li> </ul>	<ul style="list-style-type: none"> <li>● Dill Potato Salad</li> <li>● Cajun Ham</li> </ul>	<ul style="list-style-type: none"> <li>● Caesar Salad</li> <li>● Smoked Gouda</li> </ul>	<ul style="list-style-type: none"> <li>● Crab Salad</li> <li>● Garlic Turkey</li> </ul>
	<ul style="list-style-type: none"> <li>● Meatball Pretzel Sandwiches</li> <li>● Kettle Chips</li> <li>● Fresh Broccoli and Cauliflower</li> <li>● Ranch Dressing</li> <li>● Vegetarian Meatballs</li> </ul>	Thanksgiving Lunch <ul style="list-style-type: none"> <li>● Oven Roasted Turkey</li> <li>● Cornmeal Cakes</li> <li>● Green Bean Casserole</li> <li>● Stuffing</li> <li>● Sauteed Vegetarian Chicken</li> </ul>	<ul style="list-style-type: none"> <li>● Cheese Quesadillas</li> <li>● Roasted Corn</li> <li>● Cheese Refried Beans</li> <li>● Shredded Lettuce</li> <li>● Guacamole</li> <li>● Sour Cream</li> </ul>	<ul style="list-style-type: none"> <li>● BBQ Beef</li> <li>● Mini Rolls</li> <li>● Cheddar Mashed Potatoes</li> <li>● Green Beans</li> <li>● BBQ Vegetarian Beef</li> </ul>	<ul style="list-style-type: none"> <li>● Clam Strips</li> <li>● Popcorn Shrimp</li> <li>● Creamy Cole Slaw</li> <li>● Steamed Veggies</li> <li>● Vegetarian Crab Balls</li> </ul>
	<ul style="list-style-type: none"> <li>● Marble Cake with White Icing</li> </ul>	<ul style="list-style-type: none"> <li>● Pumpkin Parfait</li> </ul>	<ul style="list-style-type: none"> <li>● Smoothie Bars</li> </ul>	<ul style="list-style-type: none"> <li>● Brownie Ice Cream Sundae</li> </ul>	<ul style="list-style-type: none"> <li>● Cinnamon Apple Bars</li> </ul>

At The Salad Works salad bar a variety of prepared salads are served alongside fresh salad greens and toppings each day.

SAGE's chefs offer at least six low fat, made-from-scratch salad dressings along with traditional favorites.

At The Classic Cuts Deli® bar, a variety of cheeses, ham, turkey, and deli salads are freshly prepared each day. Students can create their own favorite sandwich.